

**ANNUAL ACTIVITY REPORT
(APRIL 2022 TO MARCH 2023)**



Our Commitment to Inclusive Development

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Activity Report 2022-23

➤ **Early Intervention Centre:**

ASHAJYOTI has been providing the services and support to the children with developmental delays and disabilities and their families since its inception. The primary goal of Early Intervention is to build caregiver capacity by supporting their ability to promote their child's optimal development, and also to provide the added support and nurturing children with developmental delays need to reach milestones, gain confidence, and succeed in school and social settings. Early Intervention can help children and young people to develop the skills they need to live happy, healthy and successful lives. It can improve the quality of children's home lives and family relationships, increase educational attainment and support good mental health. At present the Early Intervention Centre covering 72 numbers of children of age group of 0-6 years and has showing tremendous improvement result.

We the ASHAJYOTI centre rendering following services at present:

➤ **Physiotherapy:**

ASHAJYOTI has been providing Physiotherapy since 2014 to till today. One qualified and well experienced team of physiotherapy professionals offering their best effort towards those children who has delayed in development specifically difficulty in gross and fine motor like holding of head, sitting, standing and walking, holding of objects or toys etc. Some of category like, neuromotor disorder, poor physique to any condition like SAM, accidental injuries or other metabolic/non metabolic condition. It is seen that our physiotherapy sector shows a good result. Hence a good number of parents from nearby Districts also registered the names of their children.

➤ **Speech therapy:**

ASHAJYOTI has been providing Speech therapy since 2014 to till today. A qualified team provides therapy three days in a week. There are some children who receive both the therapy.

We care almost all the categories of disordered children among the society of our locality. We had well experienced Speech- language therapist, Physiotherapist, Care givers experience in different community, environment, and categories of disability in renowned centers.

Some of disabilities like Hearing impairment, mental retardation, ADHD, Autism, learning disability with the problem of hearing loss, poor eye-hand co-ordination, poor attention or short, writing difficulties, hyper activity, self help skills not acquire, poor language communication, unclear or problem in speech, poor behavioral condition etc. we try to manage by different activities, giving them special education in school setup and speech language and communication therapy. We care with our best in their triangular approaching way- child, parents and the therapist.

Early Intervention Care-

- Speech therapy- Verbal, Correction
- Language
- Communication way
- Eye Hand Co- ordination development
- Development attention Concentration
- Pre- Writing/ learning steps
- Drawing practice as to motivate child or prior activity to learn language
- Special Education- depending the Childs need- self help skill
- Some of activity to develop attention & Behavior of problematic child- play, coloring, paper cutting.

➤ **Occupational therapy:**

Occupational therapy (OT) is a specialized healthcare profession focused on helping individuals overcome physical, cognitive, emotional, or developmental challenges that hinder their ability to participate in daily activities. These activities, or "occupations," encompass everything from self-care routines to work, leisure, and social interactions. Occupational therapists, or OTs, collaborate with individuals, families, and communities to identify goals, develop personalized intervention plans, and enable clients to regain or develop the skills needed to lead a fulfilling life.

Occupational therapy in early intervention is a service that helps infants to childhood (from birth to age 6) who have developmental delays or disabilities. Occupational therapists (OTs) work with children and their families to help them reach their full potential in all areas of development, including:

- Physical development: This includes skills such as sitting, crawling, walking, and using their hands to manipulate objects or to develop the fine motor issues.
- Cognitive development: This includes skills such as problem-solving, learning, and paying attention.

- Communication development: This includes skills such as understanding and using language.
- Social-emotional development: This includes skills such as interacting with others, making friends, and managing emotions.
- Play: Play is an important part of development for all children, but it is especially important for children with disabilities. OTs can help children with disabilities develop play skills so that they can participate in age-appropriate activities with their peers.

OTs in early intervention use a variety of techniques to help children reach their goals. These techniques may include:

- Direct therapy: This is one-on-one therapy with the child. The OT will work on specific skills that the child needs to improve.
- Parent training: OTs can teach parents how to help their child with specific skills at home.
- Family support: OTs can provide support to families of children with disabilities. This may include helping families find resources, connect with other families, and cope with the challenges of raising a child with a disability.

Early intervention occupational therapy can make a big difference in the lives of infants and toddlers with developmental delays or disabilities. By providing early intervention, OTs can help children reach their full potential and participate in all aspects of life.

Here are some specific examples of how occupational therapy can be used in early intervention:

- An OT can help a child who is struggling to sit up develop the strength and coordination needed to do so.
- An OT can help a child who is having difficulty feeding themselves learn how to use utensils and drink from a cup.
- An OT can help a child who is not talking develop the skills needed to communicate, such as using gestures and facial expressions.
- An OT can help a child who is withdrawn and socially isolated learn how to interact with others and make friends.
- An OT can help a child who has difficulty playing develop play skills so that they can enjoy age-appropriate activities.

If you are concerned that your child may have a developmental delay or disability, it is important to talk to your doctor. They can refer you to an early intervention program that can provide your child with the services they need.

➤ **Special Education/ Special School:**

Special education, also called special needs education, the education of children who differ socially, mentally, or physically from the average to such an extent that they require modifications of usual school practices. Special education serves children with emotional, behavioral, or cognitive impairments or with intellectual, hearing, vision, speech, or learning disabilities; gifted children with advanced academic abilities; and children with orthopedic or neurological impairments. See also deafness; blindness; speech disorder; mental disorder; gifted child; childhood disease and disorder; learning disabilities.

The goals of special education are similar to the educational goals for ordinary children; only the techniques for attaining them are different. An effort is made, for example, to teach all children with special needs (except those unable to profit at all from school experience) to read. Children who have learning and mental disabilities require prolonged periods of intensive and more-individualized instruction; for them the learning process might include techniques to maintain interest, more active participation, and much more repetition of similar material in varied form. Children with severe sensory handicaps (such as deafness and blindness) must learn to read through other sense modalities. Deaf individuals learn to read through visual methods, while blind individuals learn to read Braille through the tactile sense.

➤ **Training Programme:**

- ❖ **Care Givers Training:** On 30th July 2022 our organization held a Training programme amongst the Therapists, Special Educator and the guardians of PwDs. In the training the therapist and the special educator give the proper training how to help the PwDs, to developed their daily living activities and proper help to overcome it. This programme was supported by IDEA-the ant.
- ❖ **Entrepreneurship Skill development programme on house wearing:** An Entrepreneurship Skill Development Programme was held from 06-09-2022 to 26-10-2022 at Dalanghat under Udalguri District. The programme was supported by M.S.M.E, Govt. of India. Total number of the participants was 30. The purpose of the programme was to increase skill on house wearing to create employment opportunity. The inauguration programme was attended by the FM, DIC, Darrang and Assistant Director, MSME-DI, Guwahati.
- ❖ **Entrepreneurship Skill Development Programme on computer:** An Entrepreneurship Skill Development Programme was held from 18-08-2022 to 26-09-2022 at Roha under Nagaon District. The programme was supported by M.S.M.E, Govt. of India. The motto of the training was to encourage the youth to engaged themselves in computer activities to get rid of unemployment.

- ❖ **Community Leaders Training:** The community Leaders Training was held at ASHAJYOTI on 29-01-2023 at 11.30 A.M. The meeting was presided by ASHAJYOTI's Executive Director Mr. Jiaur Rahman. The meeting was attended by Asha & Anganwadi worker of the area along with the ward Commissioner and Gaon Head of the area. This programme was supported by IDeA-the ant.
- ❖ **Handloom Training Programme:** On 01-03-2023 to 17-03-2023 ASHAJYOTI organized one training programme on Handloom at village Dakshin Chuburi, Darrang district. The Programme was attended by 20 no.s of weavers.
- **Awareness Programme:**
 - ❖ **Awareness Programme on Panchayate Raj System:** On 24th April ASHAJYOTI organized a special awareness meeting on Panchayate Raj System. The meeting was held at our office. In that meeting some special dignitaries were present like Mrs. Upasana Deka, Dr. Archana Barua, SDMO Pathorighat B.P.H.C, Miss Miron Devi, Ex principal DIET etc. The meeting was held with the people who were aware in the educational line along with the social development of the area. In the meeting all the dignitaries speak about the development of the Panchayati Raj in the state and discuss about the outcome of the benefit of the Panchayati Raj as a whole in our society.
 - ❖ **Awareness Programme on Special Education:** On the other hand in the same day afternoon a special programme was held for coverage on special education for the children's with disabilities. The programme was held at our office. In the meeting all the above mentioned dignitaries were present and give their views about the proper education for the children's with disabilities.
 - ❖ **Celebration of Birth Anniversary of Shyama Prasad Mukharjee & Blood donation Awareness Camp:** On 6th July 1901, Mr. Shyama Prasad Mukharjee was born at Calcutta. He was really a man of principle. He was both Barrister and profound academician. In the cabinet of Jawaharlal Nehru, he was the first minister for Industry & supply. At presents all over the country we observed the 6th July as the day of his birthday. In the memory of his Birth Anniversary our office organized the Blood donation Awareness Camp on that day. This meeting was supported by NYK, Darrang.
 - ❖ **Care Givers:** This meet was held on 09-07-2022 at our office. In this meet our therapists and the entire guardian were present. At the discussion the Therapist give the vivid description about the disabilities of the children and how to overcome it with proper negotiation or mutual understanding with the guardians. On 29-09-2022 one virtual care Givers Meet was held. In that meet Mrs. Chitra Dasgupta, Deputy Director Training, Shishu Sarothi, Guwahati and Physiotherapist & Speech Therapist of ASHAJYOTI were present as resource person in that virtual meet. All the questions about the development of their CwDs, asked by the guardian, both the specialist give the answer virtually at the meet. We organized the one care givers meet on 29th oct.'22. At that meeting the resource person was Mr. Mukut Bhuyan, consultant Prothom Education Foundation. He advice

the guardian, how to developed the CwDs by giving and using the special care. This programme was supported by IDeA-the ant.

On 23rd Nov.'22 we observed the care givers meet at our office premises. This meets also presided by our Therapist Mr. Anup Jyoti Sarma. In his speech he advised the entire guardian present in the meeting how to take care of their child at home. This programme was supported by IDeA-the ant.

On the last day i.e, on 31-12-2022 we observed very auspiciously care givers meet. In the meeting our Therapists and the care givers as well as the special educator clearly & vividly tell the guardians how to give the proper treatment & teaching to their children at home. The guardians were highly satisfied as they realized the needs. Besides, it is very useful to the guardians that from this meet they can understand the development of their child & they have a direct contact with the Therapist, care givers & special Educator. This programme was supported by IDeA-the ant.

On 30th January 2023 a special care givers meet was held at ASHAJYOTI office. The meeting was presided over by the Executive Director, ASHAJYOTI and the Physiotherapist, Speech Therapist as well as the special Educator were present in the meeting and discuss about the development of CwDs. This programme was supported by IDeA-the ant.

On February 22nd of 2023 (Wednesday) care givers meet was held at ASHAJYOTI office, amongst the office staff, guardian and the CwDs. In that meeting we discuss about how to take care of the CwDs at home. In that meeting our Speech Therapist Mr. Anup Jyoti Sarma and Occupational Therapist Miss Chayanika Baishya explain how to activate their children at home along with daily used objects, play and some special exercise. This programme was supported by IDeA-the ant.

In the month of March 16th 2023 Thursday a monthly care giver meet was held amongst the guardians. The Physiotherapist, Speech Therapist, Special Educator and other office staff of ASHAJYOTI at office. This programme also supported by IDeA-the ant.

- ❖ **Entrepreneurship Awareness Programme:** On 5th September 2022 an awareness programme on Entrepreneurship motivation was held at International Computer Centre, Roha to encourage the local youths of Roha under Nagaon district to engage in industry and other business activities. This Entrepreneurship Awareness Programme was sponsored by MSME, DI Guwahati.
- ❖ **Street Play:** On 20th Dec'22 a street play (Bator Nat) organized by ASHAJYOTI at Hazarikapara. Mr. Hemanta Saharia, Khanindra Nath and Nishan Saharia play the Bator Nat. The theme was disable persons are not headache or burden to the family or society. Rather, if they get the proper treatment in the initial stage become the resource of the society or their own family. Due to the lack of proper knowledge most of the people think that disable persons are the burden of our society & families. This programme was supported by IDeA-the ant.

On 10th Feb'23 another street play (Bator Nat) organized by ASHAJYOTI at Bordoulguri. Mr. Hemanta Saharia, Miss Chayanika Sarma, Khanindra Nath and Nishan Saharia play the Bator Nat. The theme of the nat was disable persons are not headache or burden to the family or society. Rather, if they get the proper treatment in the initial stage become the resource of the society or their own family. This programme also supported by IDeA-the ant.

❖ **Career Guidance Workshop:** On 31st Jan.'23 a special workshop about career guidance is organized by ASHAJYOTI, at Sipajhar Junior College and supported by NYK, Mangaldai. In the workshop about 175 Nos of students from different colleges & H.S schools were present. In the workshop the Executive Director of ASHAJYOTI advice the student to follow the guidance of their career minutely from the beginning. In that workshop Mr. Hiranya Nath, science teacher from Bapuji Girls H.S School, discussed with the student by using projector about Science, Arts & Commerce Stream. Most of the students were highly enlighten in the discussion of career guidance programme.

❖ **Distribution of Wheelchair:** On 19th March 2023 a meeting was held at ASHAJYOTI office in association with Karunadhara Guwahati to aware the guardian of the CwDs. In the meeting Karunadhara an organization from Guwahati distributed wheelchairs to the CwDs. In that special meeting the president of Karunadhara Mr. Pratul Ch. Phukan, Vice-president Mrs. Nilima Goswami, Secy. Mr. Naba Jyoti Bhuyan along with Mr. Sekhar Mazumdar, associate asstt. Secy. of Karunadhara of Darrang District, Miss Miron Devi Retd. Principal DIET, Darrang, Mrs. Upashana Deka of S.R.D Group Mangaldai, Mr. Jagadish Bhattacharya, Project officer of District Disaster Management Authority was present.

A documentary show also present in the meeting which is prepared for the benefits of the CwDs /PwDs. At the end of the documentary show the president of Karunadhara presented the wheelchair to the following CwDs. They are Miss Rishamoni Ahmed, Miss Shemim Akhtar, Mr. Arpan Jyoti Saikia and Mr. Mizanur Rahman.

➤ **Distribution of Flood Relief:** In the recent Flood, the entire South West part of the Darrang District was badly affected. On 23rd July 2022 our organization along with IDeA-the ant of Guwahati and Carring Friends of Mumbai provide Flood Relief like food stuff to the people of Solpam and Badiasisa village. The total numbers of families in the two villages were above 300.

➤ **Health Check Up:** On 26th Nov.'22, Cancer Care and Screening Camp was held in association with Darrang Cancer Care Centre. In the camp four Doctors from cancer care centre were present. Amongst them Dr. Sayed Iftikar Hussain Suhani, Superintendent of Darrang Cancer Care discusse about the cancer ailment and the entire guardian take part in discussion. Dr. Sahidul Islam, Dentist & Deep Sarma also take part in the discussion. After the end of the discussion the doctors examine the all guardian and children, who were present in the meeting. The only lady nurse examines the breast cancer of the ladies who were present in the meeting.

- **Inauguration of Special School:** On 14th September 2022 the special School was inaugurated by Ex Principal Dr. Ganeswar Saharia, Hekera H.S School, Kamrup. In his speech he gives a picture about the special school to the CwDs i.e children how to developed their skill in every spear. The meeting was held at ASHAJYOTI's office. In that meeting a good number of dignified persons from Guwahati & Mangaldai were present. From Guwahati Three Nos of resource person were present. They were coming from renown organization of Guwahati Shishu Sarothi, they are working for development of the CwDs of the state. The resource person were Mrs. Diba Nahin, Director Training, Mrs. Mira Saikia and Mr. Kandarpa Nath, Facilities Associate. From Mangaldai Mr. Jiten Bhagawati, Advisor Sadow Assam Moina Parijat, was present in the meeting & give valuable instruction for the upliftment of the CwDs.
- **Exposure Visit:** On 18-11-2022 our office staffs visit "Prerona Pratibandhi Shishu Bikash Kendra" Jorhat. This organization is working for the benefit of the Children's with Disabilities. The purpose of visit was to acquire knowledge on their activities. We spent one full day at that organization. In this venture we were guided by Mrs. Sayera Begum, Director of Prerona Pratibandhi Shishu Bikash Kendra. This visit was supported by IDEA-the ant.
- **Observance of Various Day:**
 - ❖ **Celebration of pre- Independence Day:** As per the instruction of Govt. of India that Independence Day of our country would be observed for Three Days from 13-15 August all over the country. For that purpose our organization also follows the Govt. instruction and celebrates the pre- Independence Day from 13-15 August 2022.
 - ❖ **Celebration of International Literacy Day:** The International Literacy day was celebrated on 8th September 2022 at the union hall of Sipajhar Sowali High School. The programme was sponsored by the organization District Legal Services Authority and emphasized on Legal services. In that meeting Mr. Basanta Saikia, Advocate Magaldai Bar Association was present and told about the importance of the day as a resource person. Mr. Jayanta Barua, Chief Advisor of the organization also present as key person.
 - ❖ **Celebration of Children's Day:** On 14th Nov. 2022 we observed the children's day along with the nation. On the meeting our organization's president Mr. Jogendra Bania presided the open meeting. All the CwDs and their guardian were present in the meeting. In the meeting we observed drawing competition. In the competition though we select 1st, 2nd and 3rd, yet we give away the prize to the entire participant by our organization Executive Director Mr. Jiaur Rahman.
 - ❖ **World Disability Day & 11th Foundation day of ASHAJYOTI:** On the 3rd of Dec.'22 we observed the World Disability Day as well as ASHAJYOTI's 11th Foundation day at our office. In this auspicious day the students of ASHAJYOTI take part in the various competitions such as sports, drawing, Dance and songs.

All the children and guardian were enjoyed the day. After the competition a general meeting was held, where Mr. Iqbal Rashid Hazarika presided the meeting. In the meeting Mr. Dilip Saikia, MP, Mangaldai Parliamentary constituency and Mr. Paramananda Rajbangshi M.L.A of Sipajhar Legislative Assembly Constituency were present, Mrs. Maitrayee Paul, Development Associate, IDeA and Mr. Abhijit Ghose, Development Associate of IDeA, Miss Chayanika Baishya, Special Educator of C.R.C, Guwahati also present.

In the meeting about 140 numbers of persons including children's, guardian, honorable guests and our office staff were present.

- ❖ **Observation of Human Rights Day:** On the 10th Dec.'22 ASHAJYOTI observed the Human Rights Day at office. In the meeting all our office staff as well as the guardian and children were present. The meeting was presided by the Executive Director Mr. Jiaur Rahman.

Our honorable guest Mr. Basanta Saikia Senior Advocate of Mangaldai Bar Association, very clearly and vividly tell about the human rights- how to used the rights of the people which the Govt. vested on the public through our constitution. This programme was supported by DLSA, Darrang.

- ❖ **National Youth Day & Week:** On 17th January 2023, ASHAJYOTI observed the National youth Day as Peace Day amongst the youth of the locality. In that sitting about 30 nos. of youths were present. In that sitting Mr. Jiaur Rahman was presided and he advised the youth to observe the national integrity amongst the youths. Our organization observed the 18th January 2023 as the Day of National Youth Day & week along with the Day of skill Development to honor the ideas, teaching and contributions of Swamiji as the National Youth week 2023, with the theme of Vikasit Yuva Vikasit Bharat. National youth Day, Every year 12th January, the birthday of Swami Vivekananda is observed as National youth day. The govt. of India quoted that "The philosophy of Swamiji and his ideas for which he lived and worked could be a great source of inspiration for the Indian youth". This day was the Swamiji's 150th birth anniversary. This programme was supported by NYK, Darrang.



Physiotherapy



Speech Therapy



Occupational Therapy



Special School



Music & Dance Class



Community Leaders Training



Celebration of World Disability Day



Flood Relief Distribution





***Entrepreneurship skill dev. Programme
on house weaving***



***Entrepreneurship Awareness
Programme***



***Entrepreneurship skill dev. Programme
on Desktop Publishing***



Home Visit



Wheel Chair Distrubution



Care Givers Meet

Collaborating agencies



Ministry of Micro, Small and Medium Enterprises,
Government of India